

HI LO

Teams

Equipment	1 hilo stand, 4 hilo cones, 5 tennis balls.
Position of the Equipment	Hilo stand to be placed on the 2 yard (1.8m) mark at the changeover end. 1 Hilo cone will be placed in between the lanes of bending poles, level with each of the first four bending poles. 1 tennis ball will be placed on the top of each cone. Rider 1 starts carrying a tennis ball.
Position of the Riders	All riders will be at the Start/Finish end of the arena.
The Game	Rider 1, carrying a tennis ball, rides to the HiLo stand, places the tennis ball into the net, returns down the arena, collects a ball from the top of a cone and hands it over to Rider 2. Riders 2, 3, and 4 complete the course in the same way. In the event of the ball missing the net, the rider may dismount to pick up the ball but it must be placed into the net from the mounted position. All cones and stands must be upright to complete the game.

Pairs

Equipment	1 HiLo stand, 2 HiLo cones, 3 tennis balls.
Position of the Equipment	The Hilo stand is placed on the 2 yard (1.8m) mark at the changeover end in between the lanes of bending poles. 1 cone will be placed in line with the second row of bending poles, 1 cone will be placed in line with the fourth row of bending poles. Both cones will be positioned in between the lanes and will have a tennis ball placed on top of the cone. Rider 1 starts carrying a tennis ball.
Position of the Riders	Both riders will be at the Start/Finish end.
The Game	Rider 1 rides up to the Hilo stand, places the tennis ball in the net, collects a tennis ball from either cone and returns to handover to Rider 2. Rider 2 completes the course in the same way. In the event of the ball missing the net, the rider may dismount to pick up the ball but it must be put into the net from the mounted position. All cones and stands must be upright at the end of the game.