

# Two Flag

## Teams

Equipment	2 flag cones, 2 flags.
Position of the Equipment	1 cone placed level with the first row of bending poles. 1 cone placed level with the fourth row of bending poles. This cone to contain a flag. Both cones to be placed in between the lanes. Rider 1 starts carrying a flag.
Position of the Riders	Riders 1 and 3 will be at the Start/Finish end. Riders 2 and 4 will be at the changeover end.
The Game	Rider 1, carrying a flag, rides to the first cone, places the flag in it, rides to the second cone, collects the flag and passes it to Rider 2. Riders 2, 3, and 4 complete the course in the same way with Rider 4 carrying the last flag over the Start/Finish line.

## Pairs

Equipment	2 flag cones, 2 flags.
Position of the Equipment	1 flag cone is placed level with the first line of bending poles. 1 cone placed level with the fourth row of bending poles. This cone to contain a flag. Both cones to be placed in between the lanes. Rider 1 starts carrying a flag.
Position of the Riders	Rider 1 is at the Start/Finish end. Rider 2 is at the changeover end.
The Game	Rider 1, carrying the flag, rides to the first cone, places the flag in it, rides to the second cone, collects the flag and passes it to Rider 2. Rider 2 completes the course in the same way carrying the last flag over the finish line.